

Greensburg Racquet Club

A Great Fall Ahead

Dear Members, the fall season is here, and we're looking forward to another great season at Greensburg Racquet Club! With the indoor courts back in full swing, new padel programming, and plenty of opportunities to play, there's a lot to look forward to this fall. As you plan your weekly schedule, we wanted to share a few updates and opportunities for the upcoming season.

● Lock In Your Weekly Schedule

If you haven't already locked in your regular lesson times and/or court times, now is the time to do so. Whether you're looking to play once a week, take a weekly private lesson, or both, securing your regular time will help ensure you get the schedule you want throughout the season.

● NEW: Prepaid Court Time — Save 5%

Planning on playing each week? Our new prepaid court-time option is designed for you. By committing to your regular court time for the season, you can lock in your schedule while enjoying a 5% discount. This option is designed for members who know they'll be using their court time consistently and want to save over the course of the season.

- 5% discount
- 4 cancellations
- Non-refundable

The prepaid option is for court time only. Our standard 24-hour cancellation policy remains in effect for regular court reservations and private lessons.

● Fall Rates

SERVICE	RATE
Court Time — Off-Peak	\$30/hour
Court Time — Peak	\$35/hour
Private Lessons with Marcus & Alicia	\$90/hour
Private Lessons with Teaching Pros	\$70/hour

All membership rates remain unchanged.

● NEW: Veteran Membership

Veteran Membership: \$400

We're pleased to introduce a new Veteran Membership option as part of our GRC membership offerings. This membership is offered at the same rate as our Senior Membership. We're excited to offer this option as a way to recognize and welcome veterans into the GRC community — thank you for your service!

● 24-Hour Cancellation Policy

Please remember that our 24-hour cancellation policy is in effect for both court reservations and private lessons. We understand that schedules can change, but providing at least 24 hours' notice whenever possible allows us to offer that time to another member and, especially with private lessons, helps ensure our pros aren't left with a reserved time that can no longer be filled. Cancellations made with less than 24 hours' notice are subject to the applicable charge, unless otherwise approved by the club.

● More Padel This Fall

We're excited to continue expanding our padel programming with new padel clinics and additional opportunities to play. We'll also be offering padel leagues and other organized play opportunities throughout the season. New clinic times will be posted on the GRC website, along with updated pricing for open play and information on upcoming leagues.

● Tennis Socials & Events

We'll continue to offer a variety of tennis socials, events, mixers, and tournaments throughout the fall and winter. These are a great way to get out on the courts, meet other members, and enjoy some competitive and social tennis. Keep an eye on your email and the GRC website for upcoming dates and registration information.

● Golf Simulator & Leagues

The GRC golf simulator will also be up and running throughout the fall and winter, with opportunities for both casual play and golf simulator leagues. Whether you're looking to work on your game or just have some fun with friends, we hope you'll take advantage of the simulator this season. More information on upcoming leagues and availability will be posted as schedules are finalized.

● Member Spotlight: Coco Chiropractic

CONVENIENTLY LOCATED AT GRC

Coco Chiropractic

Chiropractic & Active Release Techniques

Dr. John Coco has practiced Active Release Techniques (ART) for 24 years and is an ART Instructor, teaching other healthcare professionals how to evaluate and treat soft-tissue conditions using the ART system. Throughout his career, Dr. Coco has treated athletes at every level — from high school and college athletes to professionals — as well as active adults who want to keep doing the activities they enjoy.

What is Active Release Techniques? ART is a hands-on, movement-based soft-tissue treatment used to address problems involving:

Muscles Tendons Ligaments Fascia Nerves

ART can be especially helpful for problems involving:

Pain Tightness Restricted Mobility Overuse Injuries Recurring Problems

Rather than focusing only on where it hurts, the goal is to identify and treat underlying soft-tissue restrictions that may be affecting normal movement and function. Combining Active Release Techniques (ART) and Chiropractic Care can be especially useful when both soft-tissue restrictions and joint mobility contribute to pain or limited movement.

ART is widely used in professional sports — more than 78% of NFL, NHL, NBA, and MLB teams have at least one ART Certified Provider on staff.

Hours: Mon & Wed 9:00 AM–7:00 PM · Fri 9:00 AM–12:00 PM
Most major insurances accepted and reasonable cash rates.

724-261-0912
www.cocochoiropractic.com

We're excited about everything happening at GRC this fall and hope you'll take full advantage of the courts, lessons, padel clinics and leagues, golf simulator, socials, events, and everything else the club has to offer.

If you haven't secured your regular court or lesson time yet, please reach out to the club and get on the schedule!

We'll see you around the club this fall!

Marcus & Alicia
Greensburg Racquet Club